



UNIVERSITY
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Mixed Signal Infrastructure Circuits for Energy Autonomous Ultra Low Power Systems on Chip

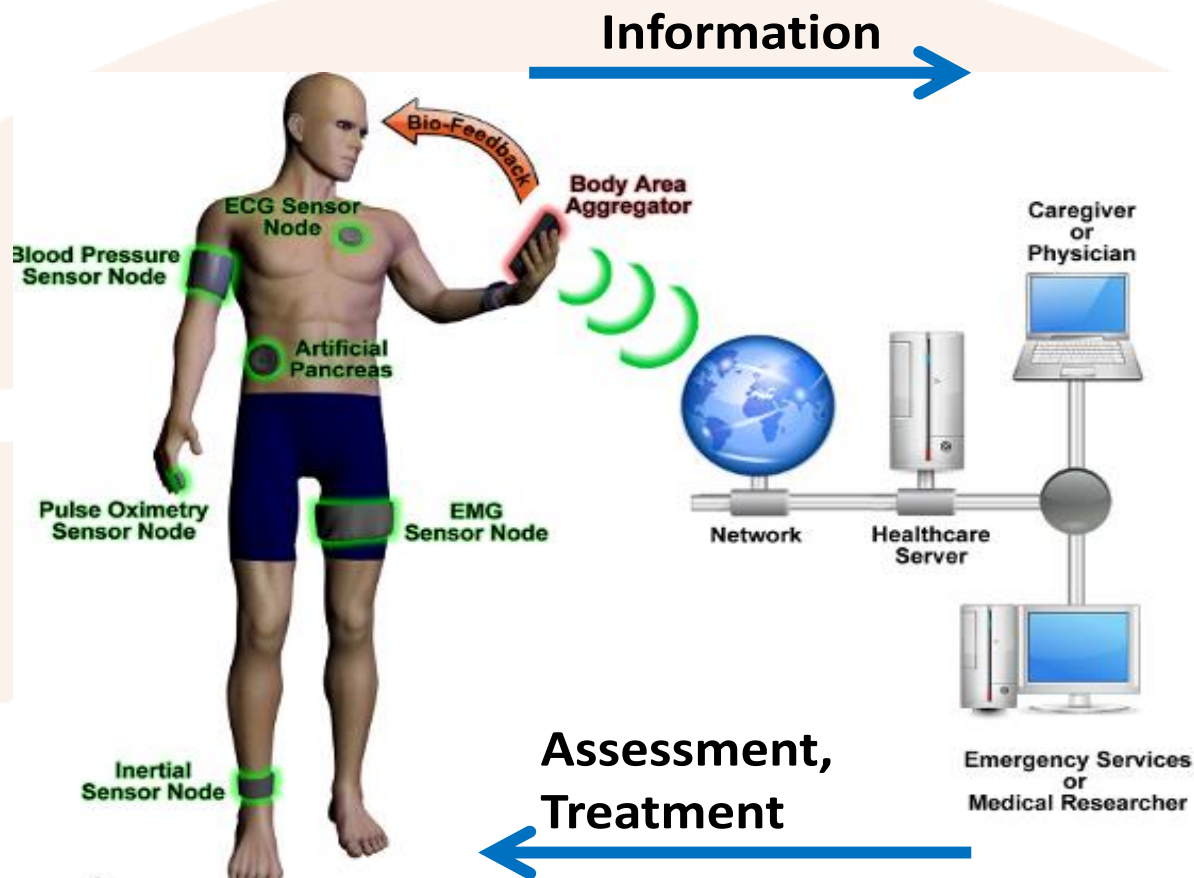
PhD Proposal

Aatmesh Shrivastava

20th March 2013

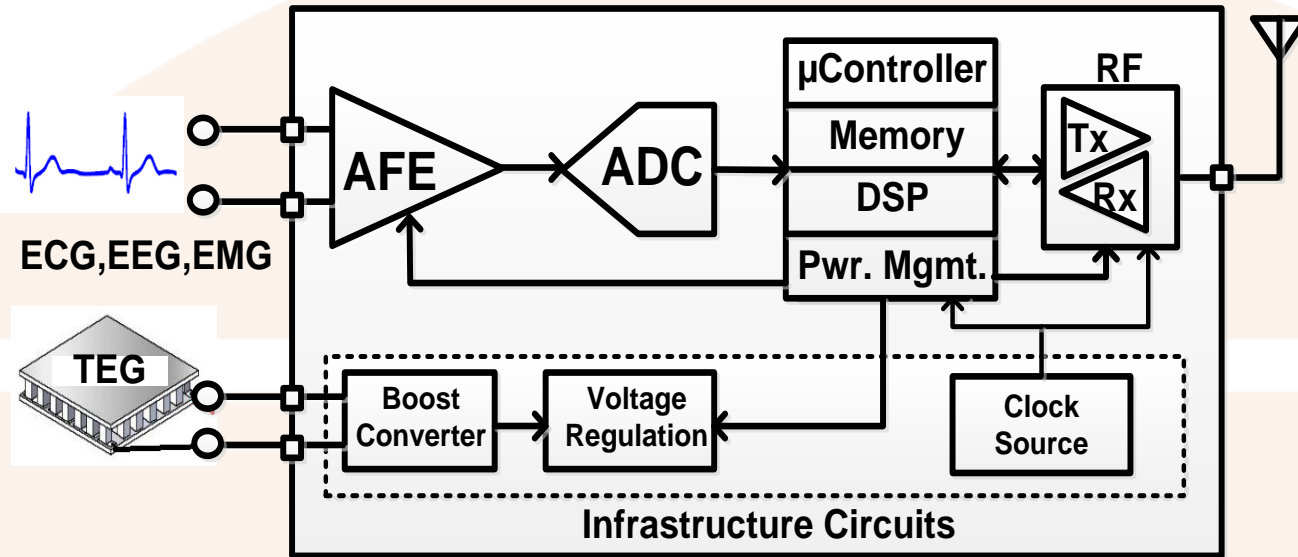
**ROBUST
LOW
POWER
VLSI**

Ultra Low Power SoCs (e.g. BSN)



- BSNs promise to change the way we live
- Energy harvesting
- **Need higher life-time for ubiquitous deployment**

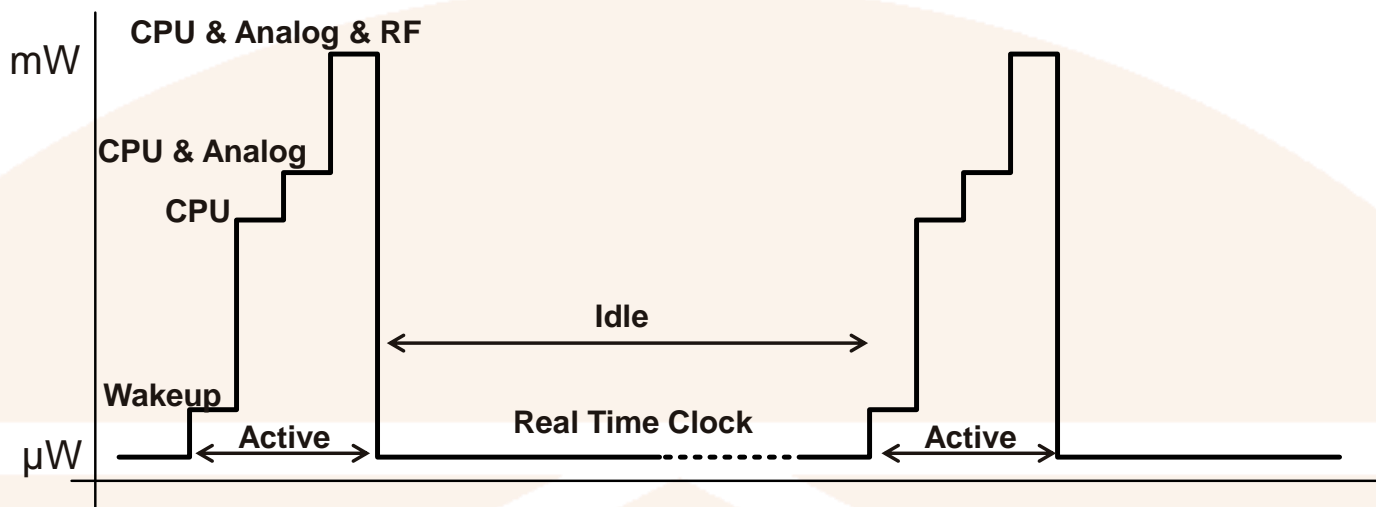
Body sensor System on Chip



Y. Zhang, et al, "A Batteryless 19uW....", ISSCC, Feb. 2012.

- AFE and ADC perform sensing task
- μ -controller, memory etc. perform processing
- Radio for communication
- **Infrastructure circuits- Boost converter, Regulators & Clock impact the life time of the SoC**

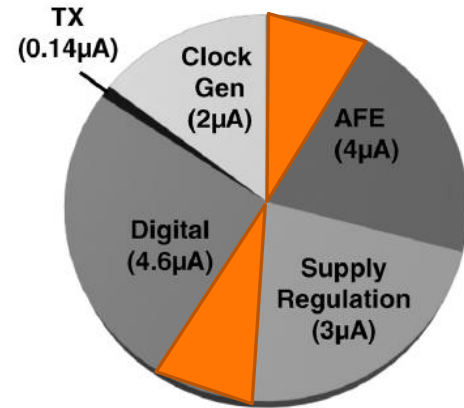
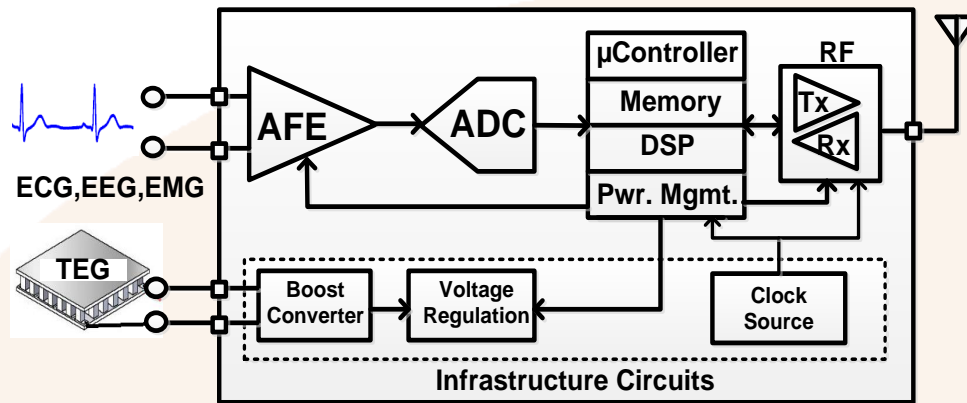
BSN Power Consumption



| Phases | E. Harvester | Regulators | Clock | CPU | Analog | RF |
|---------------|--------------|------------|-------|-----|--------|-----|
| Wake-up | ON | ON | ON | OFF | OFF | OFF |
| Processing | ON | ON | ON | ON | OFF | OFF |
| Sensing | ON | ON | ON | ON | ON | OFF |
| Communication | ON | ON | ON | ON | ON | ON |
| Idle/sleep | ON | ON | ON | OFF | OFF | OFF |

- Infrastructure circuits- Energy Harvester, Regulators & Clock can significantly impact the life time of the SoC

Infrastructure circuit needs



19μW out of 50μW from TEG

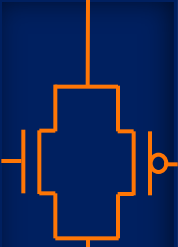
Y. Zhang, et al, "A Batteryless 19uW.... ", JSSC, Jan. 2013.

- Efficient energy-harvesting (E-harvesting)
 - To increase the amount of harvested energy
- Efficient multiple regulated output voltages
 - To minimize the loss in voltage regulation
- Ultra-low power clocking scheme
 - To elongate life time in idle mode



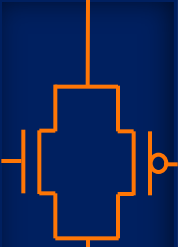
Proposed Thesis Contributions

- **ULP clocking to reduce idle mode power**
 - Stable on-chip clocking scheme
 - Stable on-chip clock source
 - A fast locking circuit
 - ULP clock
 - ULP Crystal Oscillator
 - ULP clock and Data Recovery
- **Energy Harvesting and Power Management to increase harvested energy and reduce loss**
 - Efficient energy harvesting using Single inductor Multiple output regulators (SIMO)
 - Peak inductor current control scheme for efficiency
 - SIMO with on-chip caps for PDVS
 - A model for accurate power management study



Outline

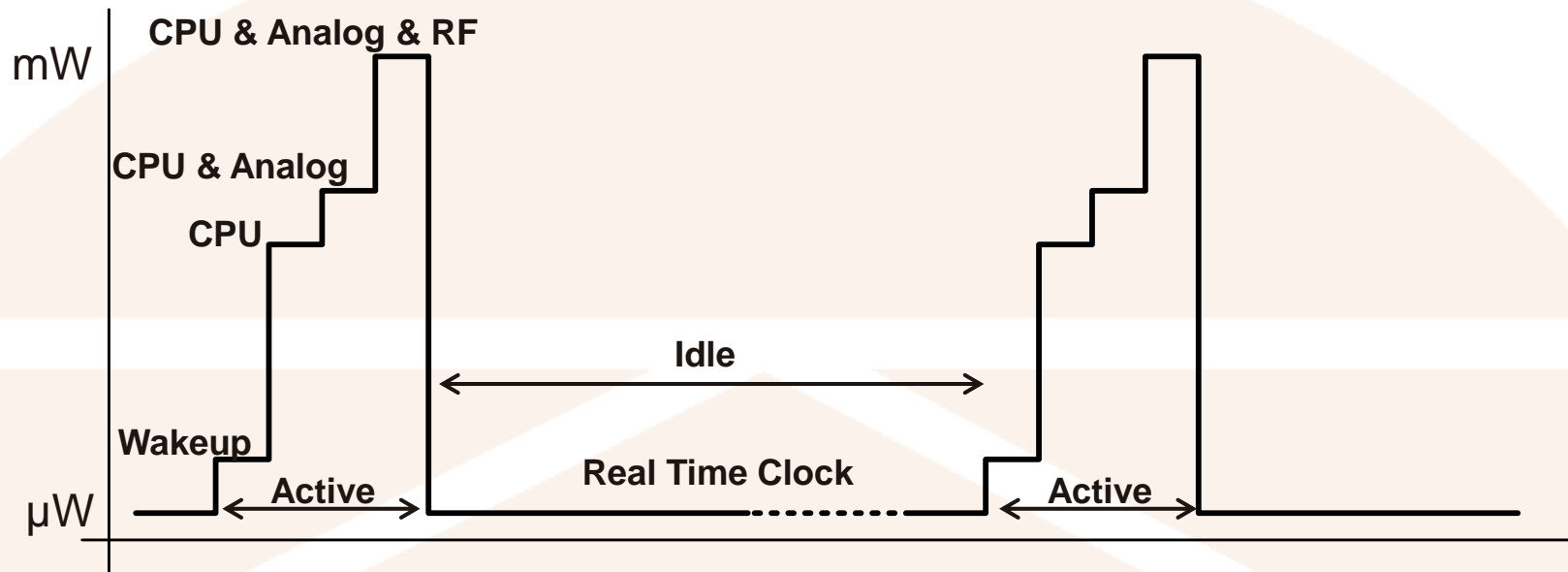
- ULP On-Chip Clock Source
- A sub nW 32.768 kHz Crystal Oscillator
- A 50nW Clock Data Recovery Circuit
- Energy and Power Management Solution for ULP SoC
- A Model for Power Management Techniques
- Schedule



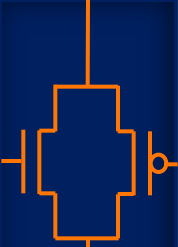
Outline

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Need for low power Clocking



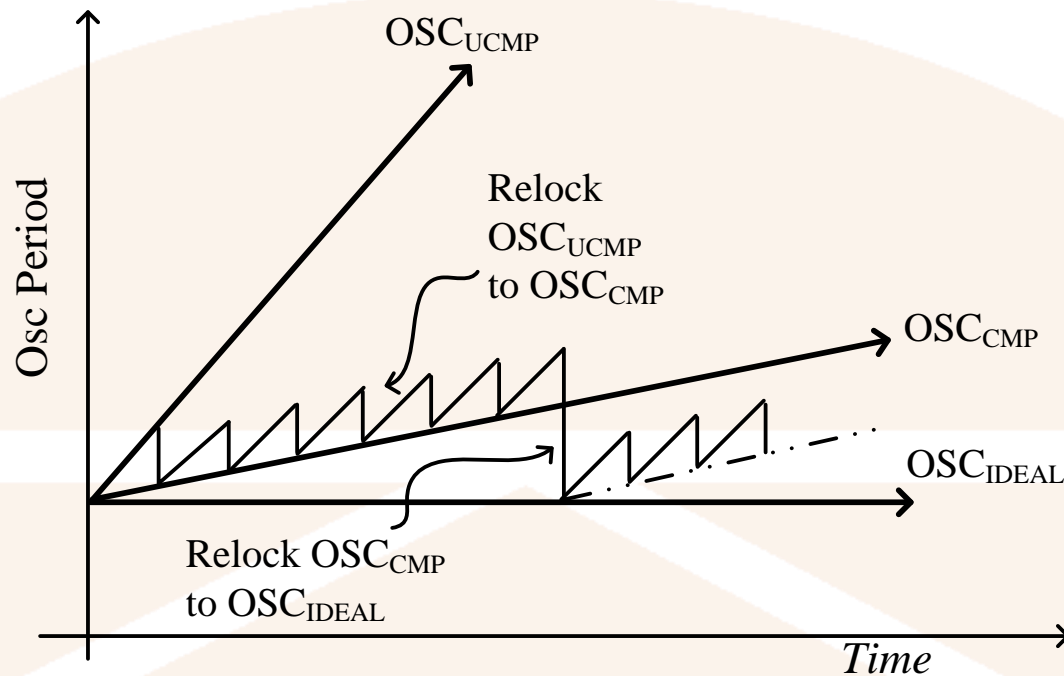
- Power consumption often determined by the clock source
- Uses crystal oscillator for its higher stability.
- Xtals use 3-4 off-chip passives, higher cost, often higher power.
- **In this work we present an on-chip alternative to xtals**



On-Chip Oscillator

- Stable on-chip oscillator has been reported in literature
 - ex :-Y. Tokuyanga, S. Sakiyama, A. Matsumoto, S. Dosho, “An On-chip CMOS Relaxation Oscillator with Voltage Averaging Feedback,” *IEEE Journal on Solid State Circuit*, June 2010. stability of 60ppm/°C
- However, to make it stable, temperature compensation is needed → Higher Power
- A lower power uncompensated oscillator can easily be obtained on-chip.
- **This work presents a design where a lower power uncompensated oscillator (OSC_{UCMP}) is used in conjunction with compensated oscillator (OSC_{CMP}) to keep the power low with high stability.**

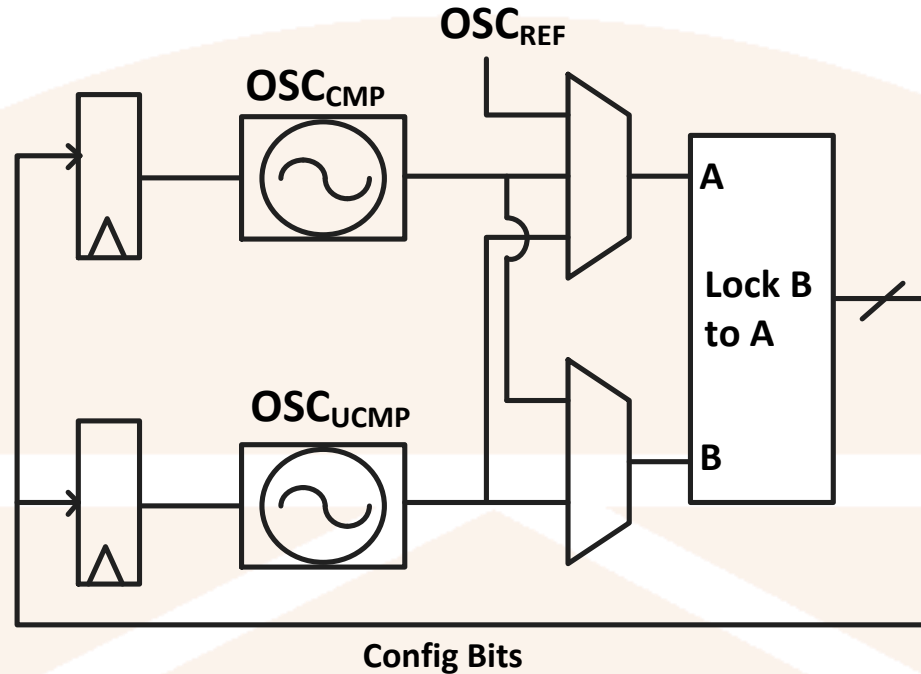
Design Concept



Scheme of re-locking low stability Oscillator to achieve high effective stability

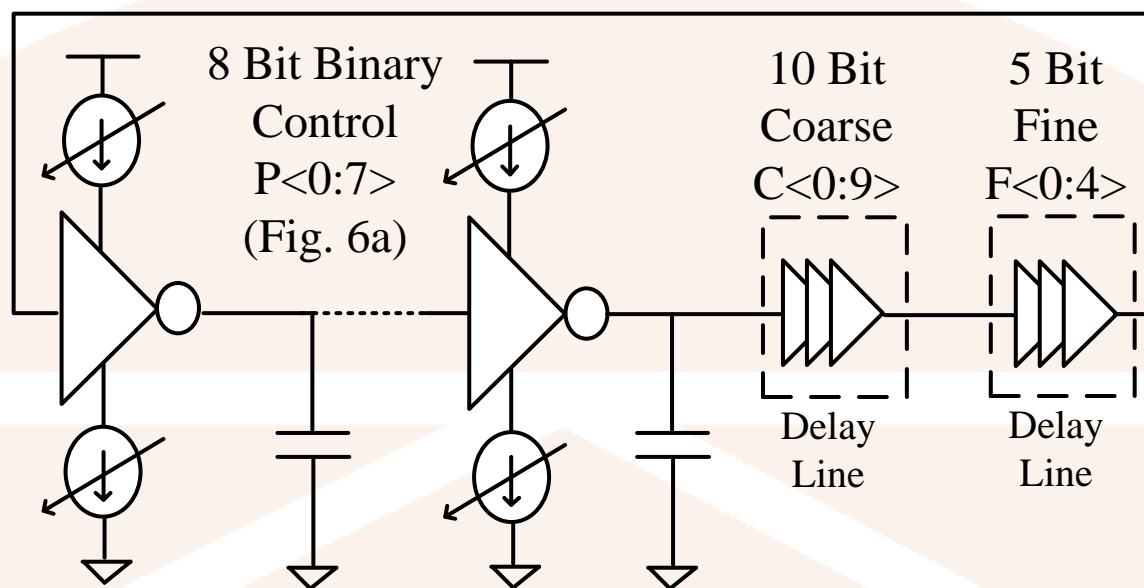
- Locking OSC_{UCMP} often with OSC_{CMP} the error in OSC_{UCMP} can be made very small.
- In between locking time OSC_{CMP} shuts down saving pwr.
- **This way we achieve power of OSC_{UCMP} with the stability OSC_{UCMP} for the clock.**

Architecture



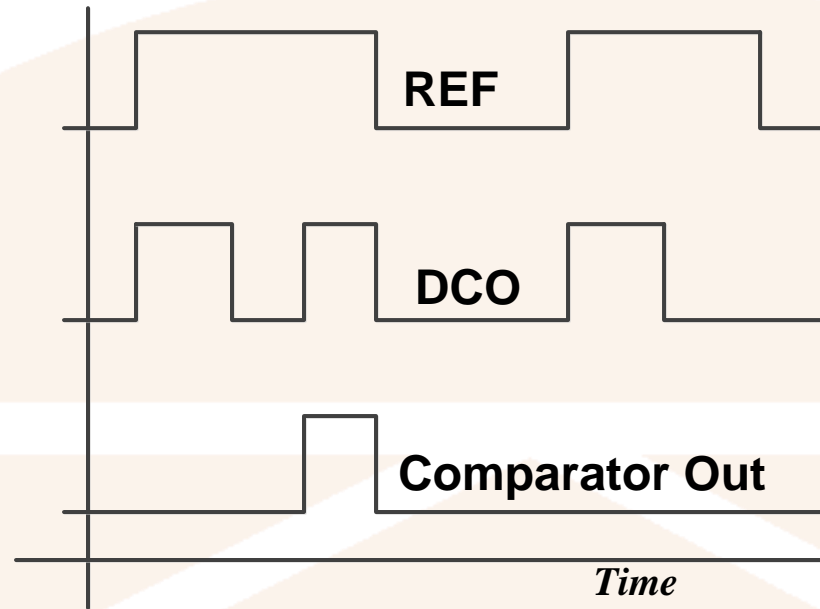
- A fast locking circuit to lock OSC_{UCMP} to OSC_{CMP} is also designed.
- If an ideal clock source (ex- xtal, signal over RF) is available OSC_{CMP} can be relocked to that as.
- **We designed OSC_{CMP} , OSC_{UCMP} and a fast locking circuit for the clock system.**

Digitally Controlled OSc



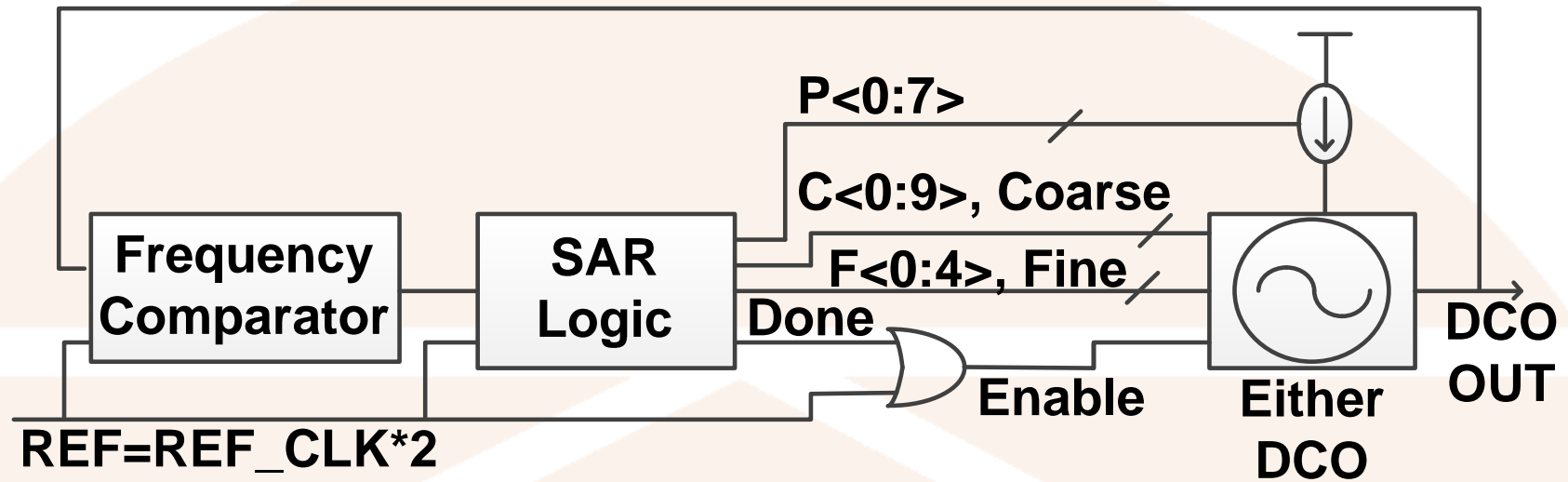
- The binary bit control helps us to get close to reference frequency. We use another 10bit coarse and 5 bit fine delay lines.
- This brings OSC_{CMP} output close 20ps of reference. It is 23 bit DCO. Consumes a μW
- Same structure for OSC_{UCMP} . Consumes 100nW.

Fast Locking Circuit



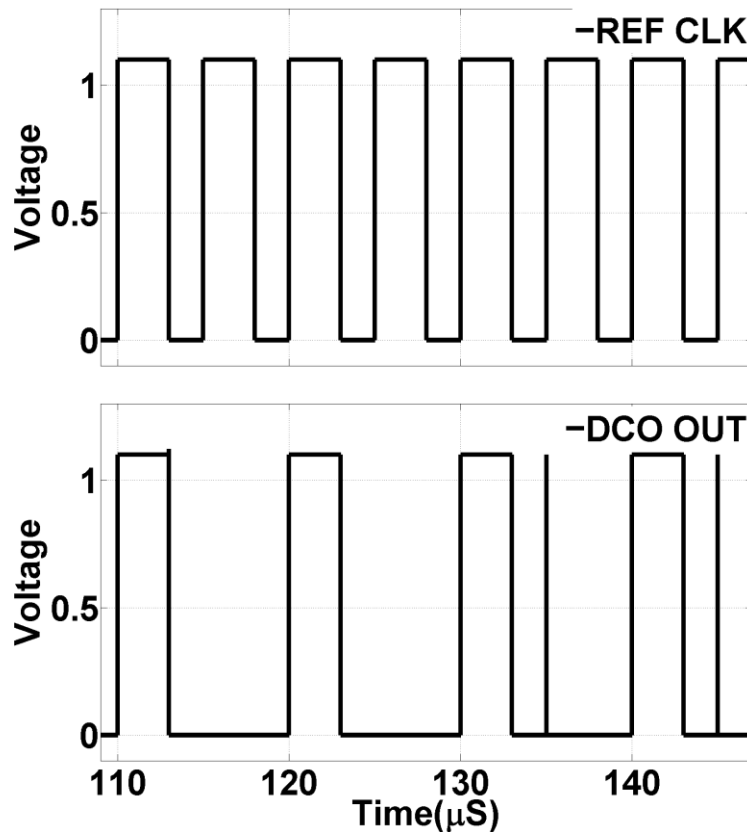
- Heart of locking circuit has a frequency comparator.
- Reference clock is divided by 2 and fed to the frequency comparator. At the rising edge of Ref DCO is enabled.
- Frequency comparator counts number of rise transitions of DCO.
- It signals High if DCO o/p has more than 1 rise transitions.

Fast Locking Circuit

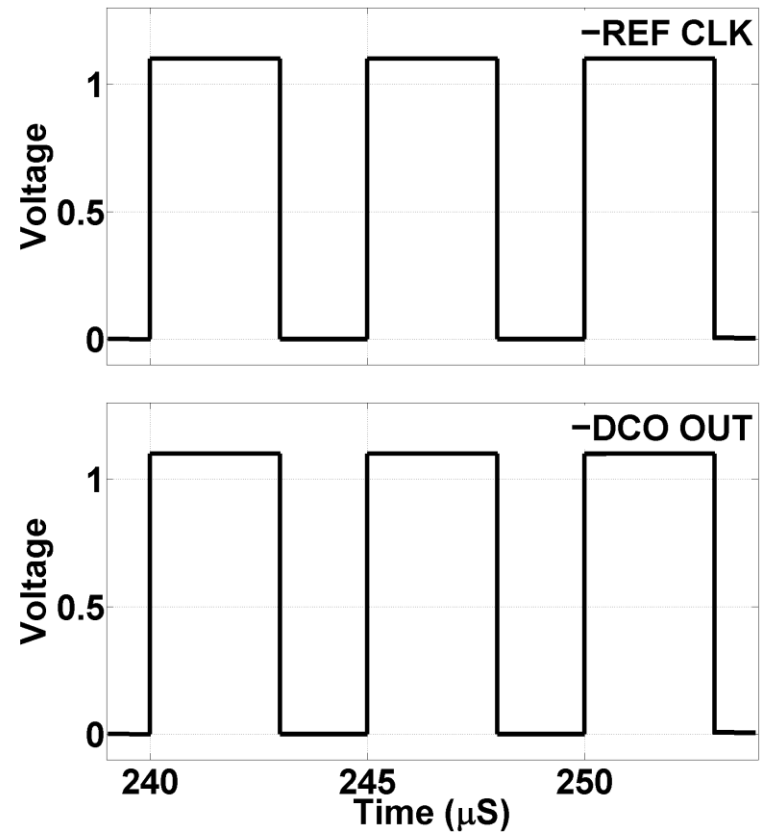


- The comparator output is given to SAR logic which approximates the current and delay inside every alternate cycle.
- It calibrates the DCO o/p to reference within 20pS
- Once the calibration is done, Done goes high DCO starts running on its own. High power reference can be disabled.

Fast Locking Circuit



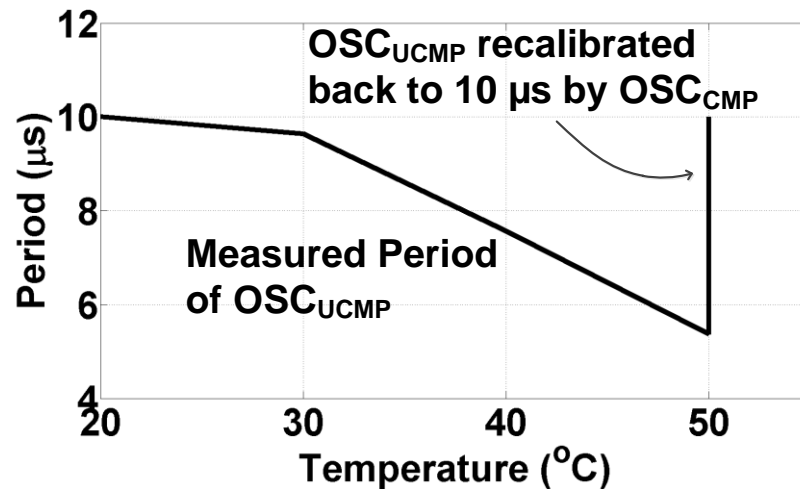
Calibration Transient



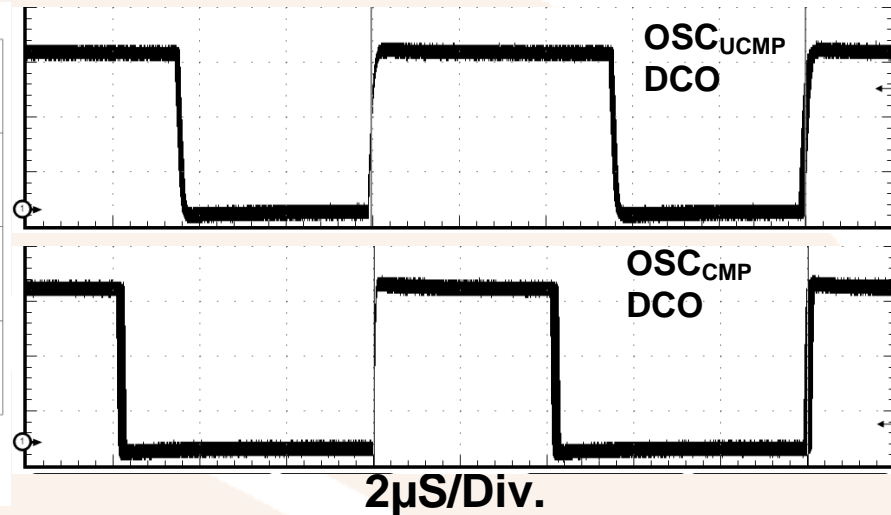
Final Output

- Simulation result showing calibration transient and final o/p. DCO out is locked within 20ps.

Measurement Results



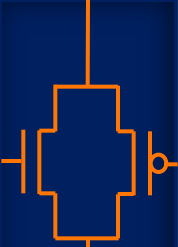
a) Recalibration of OSC_{UCMP} with OSC_{CMP}



b) Measured Waveform of DCO outputs at 100kHz after re-calibration

Figure shows the recalibration process and waveform of OSC_{UCMP} with OSC_{CMP}

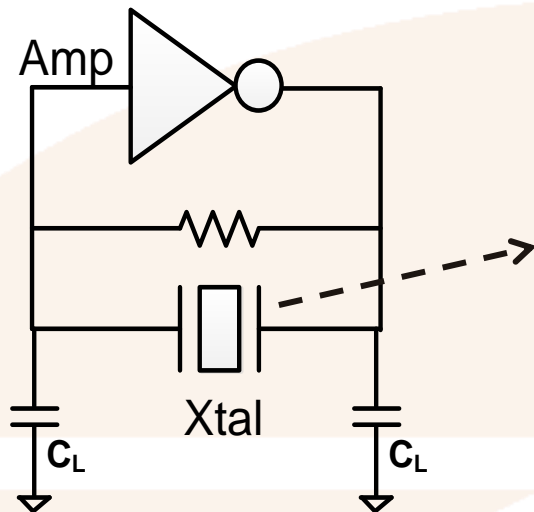
Osc consumes 150nW at 5ppm/ $^{\circ}C$ stability



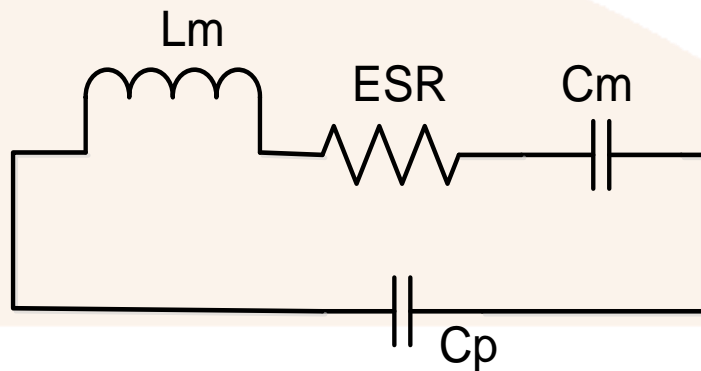
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Crystal Oscillator



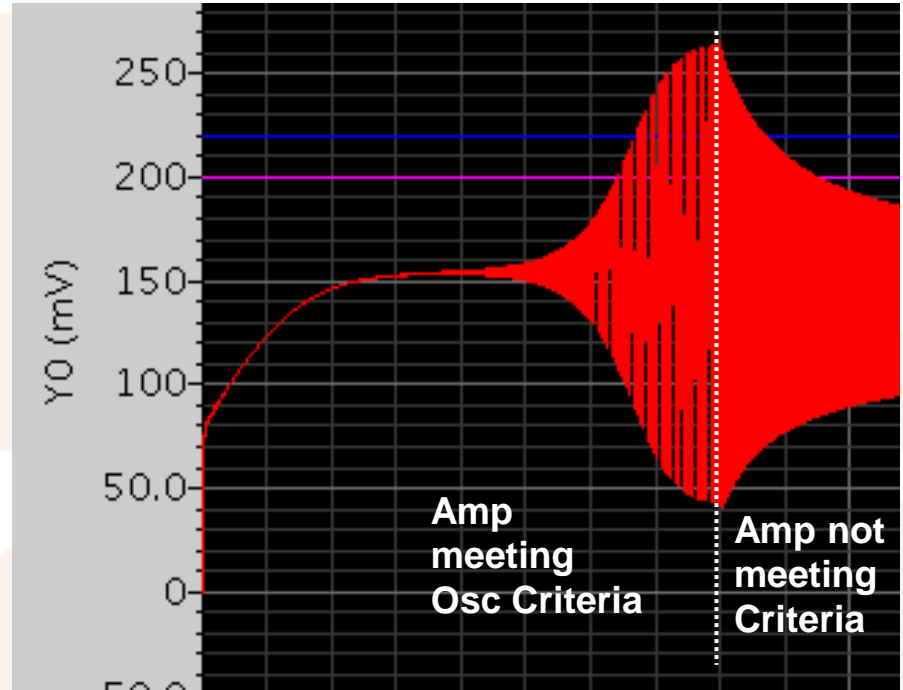
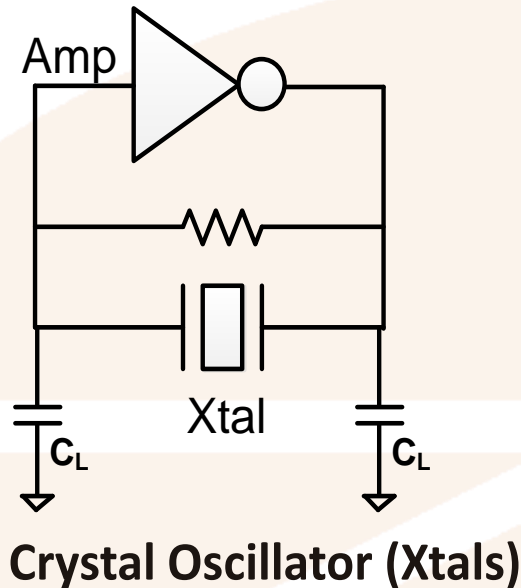
Crystal Oscillator (Xtals)



Equivalent Circuit of Xtal

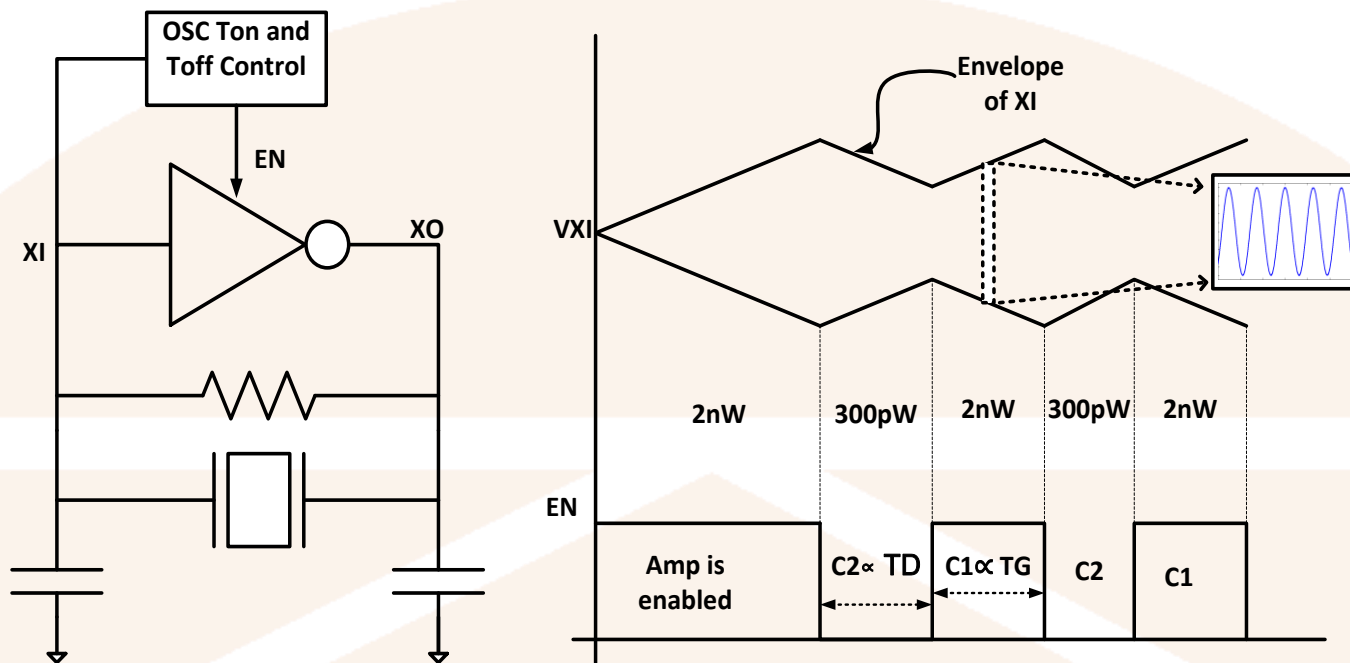
- Xtal is an electromechanical resonator, Provide precise frequency, independent of variations.
- ESR is the damping element responsible for power dissipation. I^2R loss.
- The frequency given by L_m and C_m . 32.768 kHz XTAL is used for Real time clocks.
- **Consumes a μW to 100nW**

Crystal Oscillator



- Amp provides the negative resistance R_{Negative} .
- $R_{\text{Negative}} > \text{ESR}$ overcomes damping. Causes oscillation
- Higher value of R_{Negative} causes higher power dissipation.
- If amp is disabled, Oscillation decays but can still be detected till amplitude $> 50\text{mV}$, lower power.

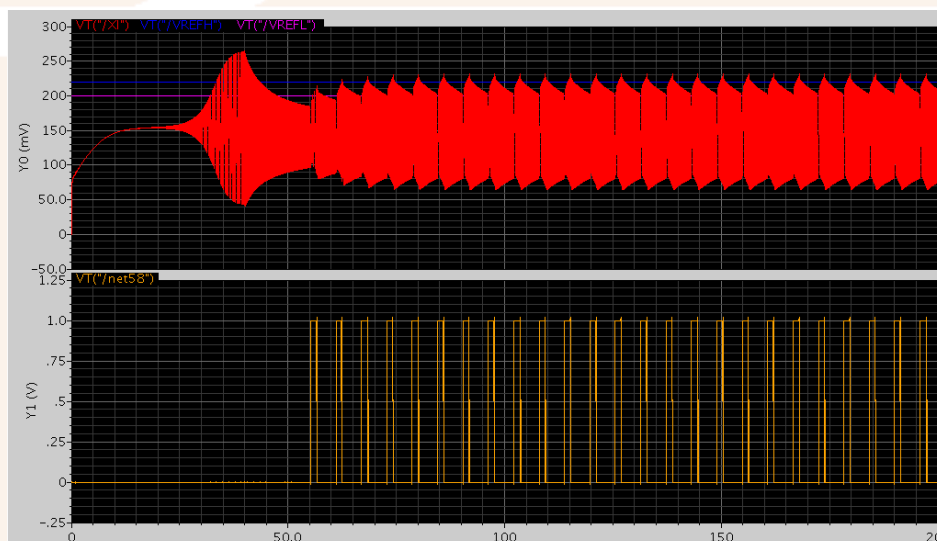
Proposed ULP Crystal



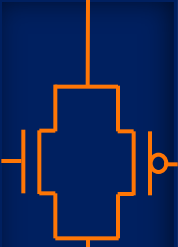
- Xtal is operated at 0.3V VDD to reduce power
- Further power is saved by duty-cycling the amp
- Rise time (TG) and fall time (TD) of Xtal is evaluated
- A Clock with $C2 \propto TD$ and $C1 \propto TG$ is obtained.
- **Power of oscillator brought to <1nW**

Proposed contributions

- A sub-threshold crystal oscillator design.
- A mixed-signal scheme that obtains the TG and TD of a crystal oscillator
- A control scheme where amplifier can be disabled, yet oscillation can be retained utilizing the stored energy in the crystal resonator.
- A ULP level converter circuit for the conversion of crystal output at higher digital voltage



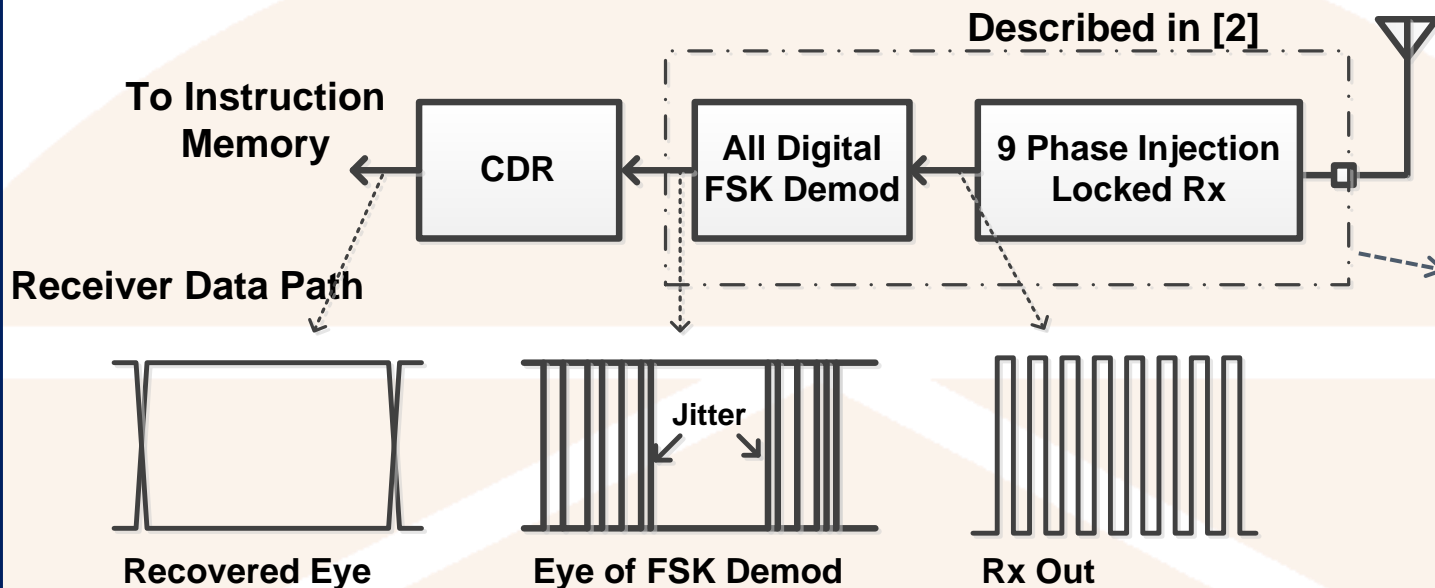
- **Works in simulations**
- **Chip fabricated, awaiting measurement results**
- **Can increase life-time by an order of magnitude**



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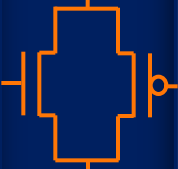
BSN RF Receiver



J. Pandey, et al
“A 120 μ W
MICS/ISM-band
FSK receiver
with a 44 μ W
multiplication”,
ISSCC 2011

Received Signal at various stages

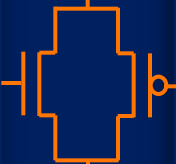
- RF data received in presence of noise.
- Introduces jitter
- **Clock and data recovery needed to recover data for digital processing**



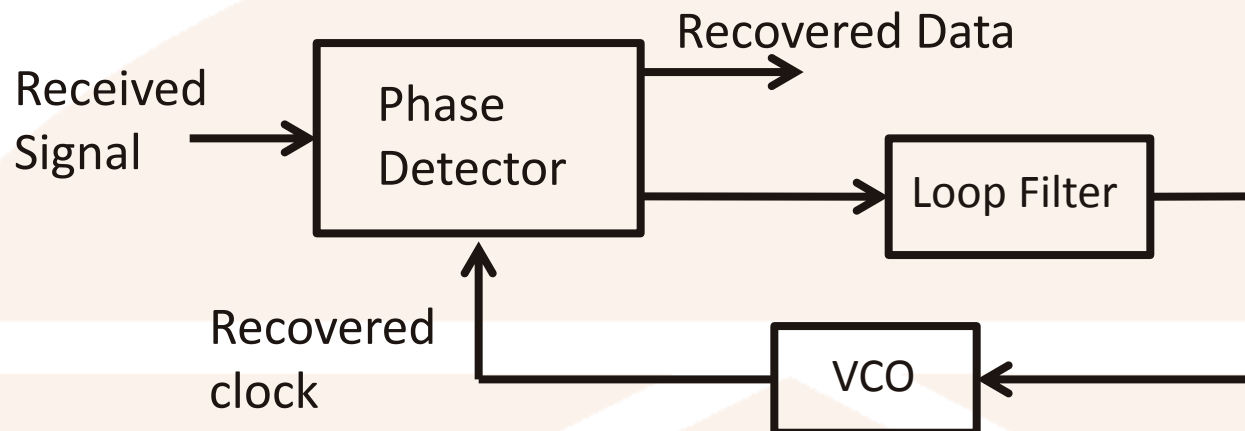
CDR Requirements for BSN

- Conventional approach in designing CDR usually involves a design of PLLs or DLLs
- These solutions are too expensive in terms of area and power for a BSN. Ex:- [11] uses PLL with $110\mu\text{W}$ Power >> our SoC Power of $19\mu\text{W}$.
- All digital FSK Demod is used in [9] to save power
- A low power, lower cost and lower area CDR circuit is needed for BSN





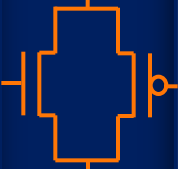
Clock Recovery



Conventional CDR

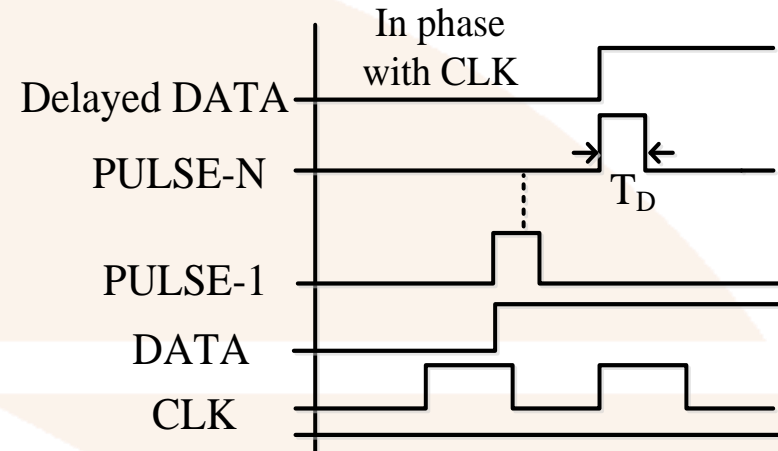
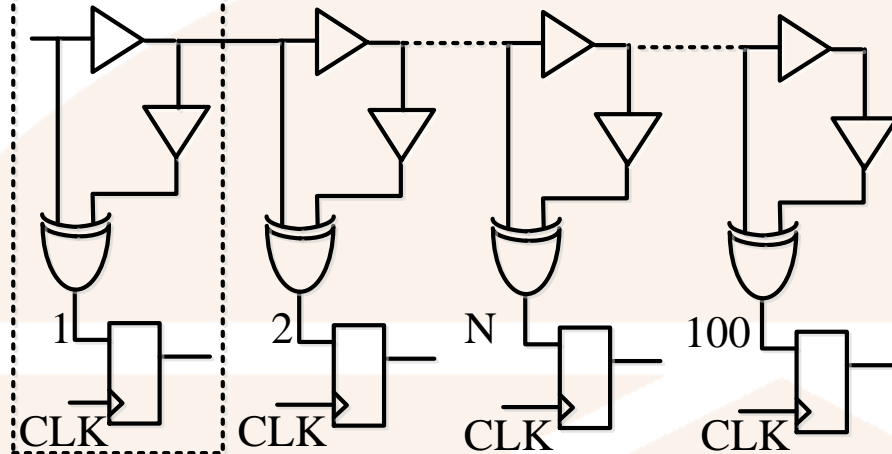
- Conventionally CLK is recovered from signal, uses PLL
- In our BSN, Data at 100kB/s, 200kHz XTAL for Tx
- Also SoC clock for DSP 200kHz from XTAL.
- **SoC clock is used to recover data, eliminating a PLL.**





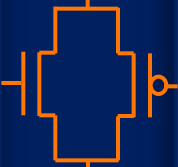
Data Recovery → Phase Detection

Phase Detector



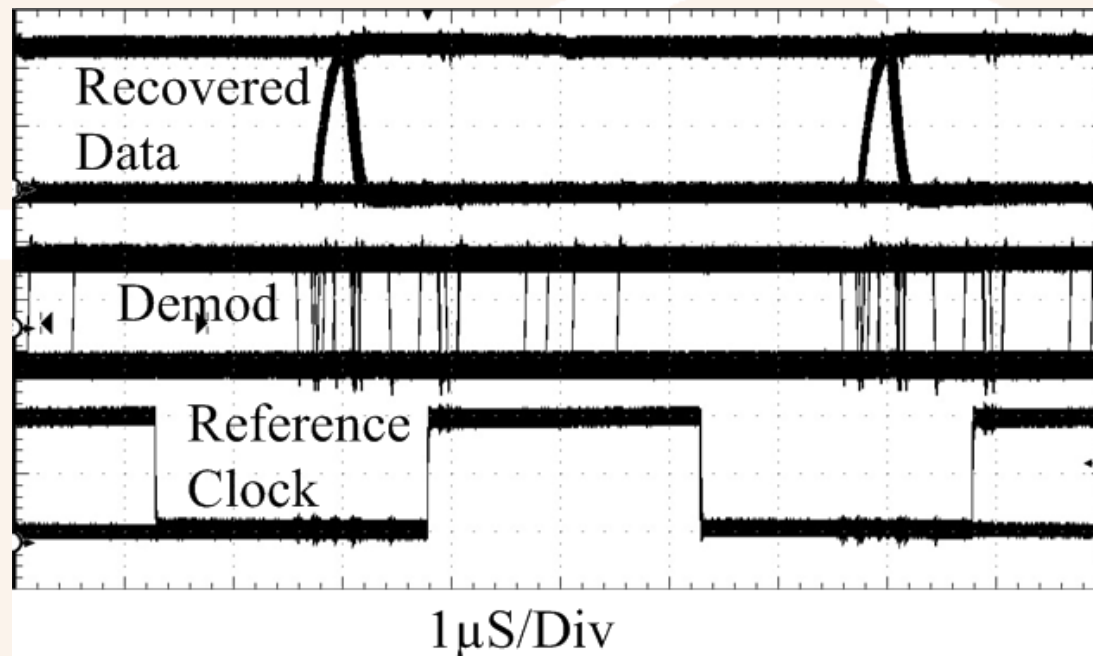
- Pulse generated at each point in delay line.
- Feeds to D-Flip Flop (DFF) clocked at 200 kHz.
- **The pulse close to the edge of the clock will be caught by FF. Point indicating data in phase with clock**
- A number of these phase detectors are placed in series



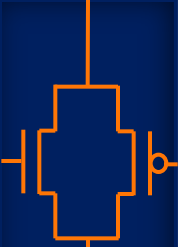


Contributions

- An easily synthesizable CDR circuit for BSNs.
- Design tradeoff between sensitivity, power, and area.
- Data recovery in the absence of a PLL or DLL
- Circuit consumes 50nW, best reported per bit power consumption



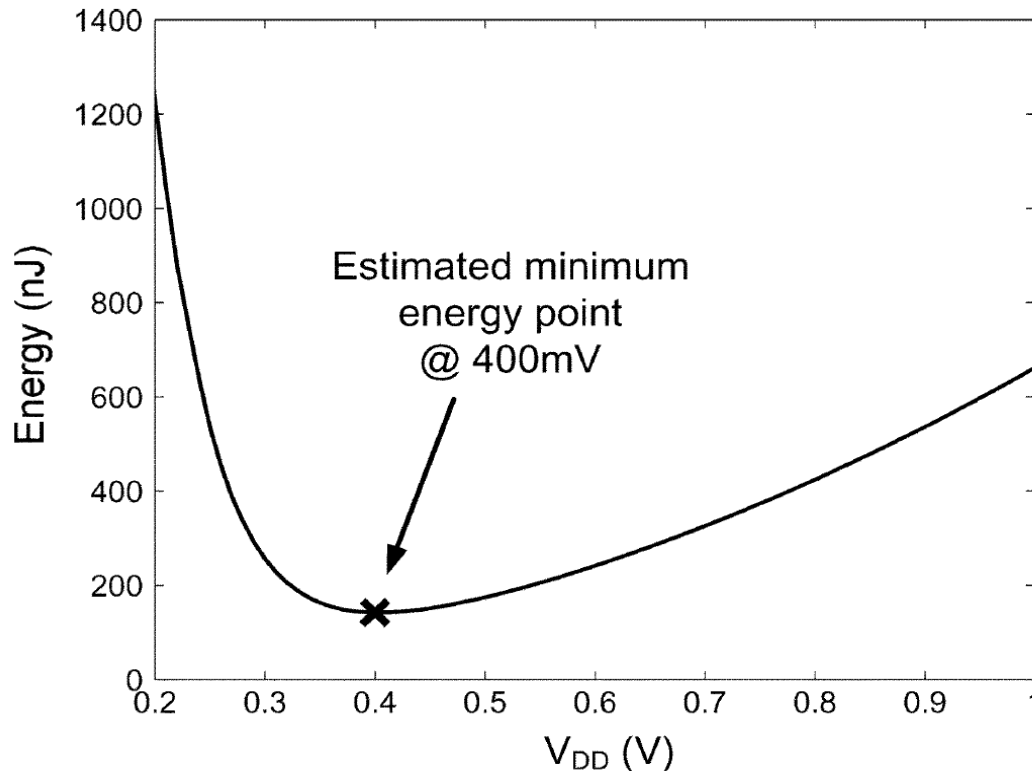
Measured result showing data recovery with more than 2μs jitter from the o/p or receiver



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Power Supply Needs

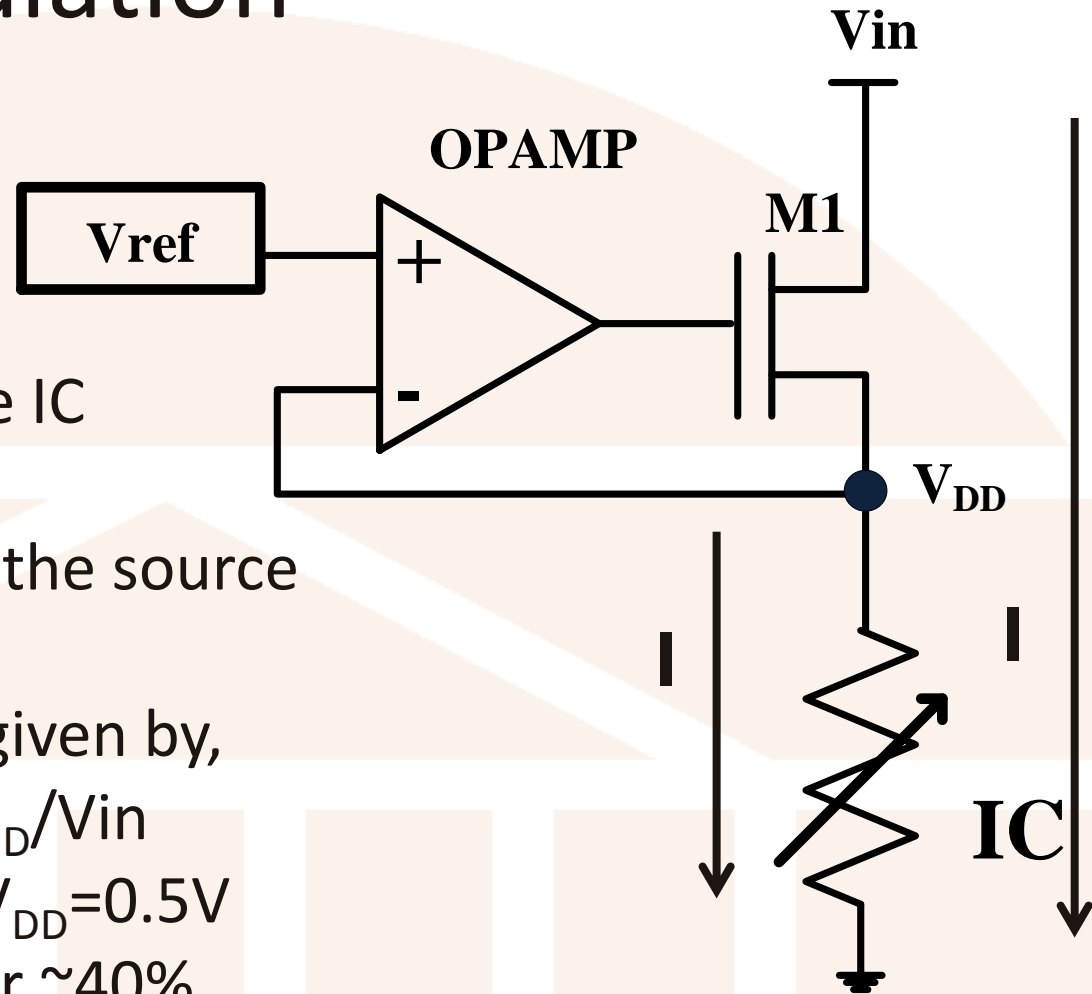


A. Wang, et al, "A 180-mV Subthreshold ..."
JSSC, Jan. 2005

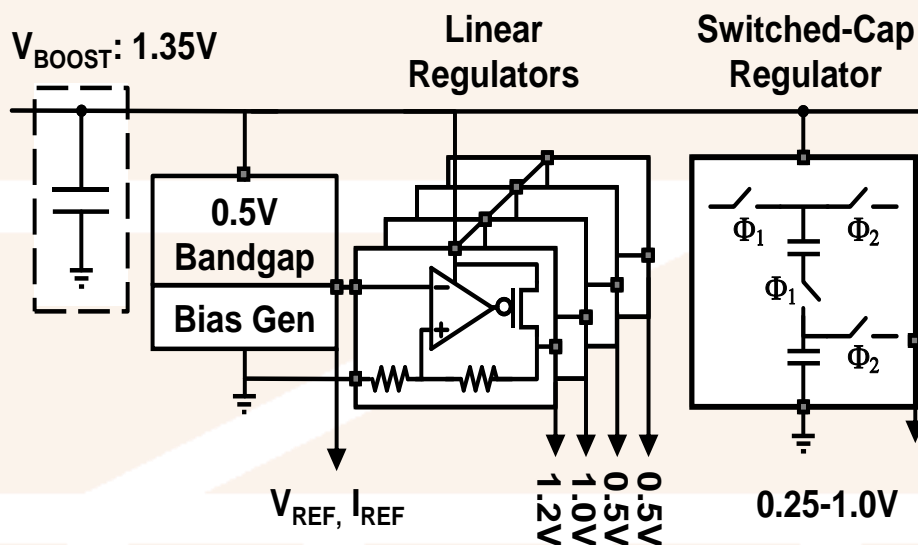
- Optimal energy point exists for each blocks such as CPU, Analog, RF etc.
- Multiple regulated output voltages is needed.

Voltage Regulation

- Input power to the IC
 - $V_{DD} * I$
- Power taken from the source
 - $V_{in} * I$
- Ideal Efficiency is given by,
 - $V_{DD} * I / V_{in} * I = V_{DD} / V_{in}$
- Ex, $V_{in} = 1.2V$ and $V_{DD} = 0.5V$
- Efficiency is 0.41 or ~40%.
- **Almost 60% of power is lost in regulation**



State of the art BSN SoC Power Management

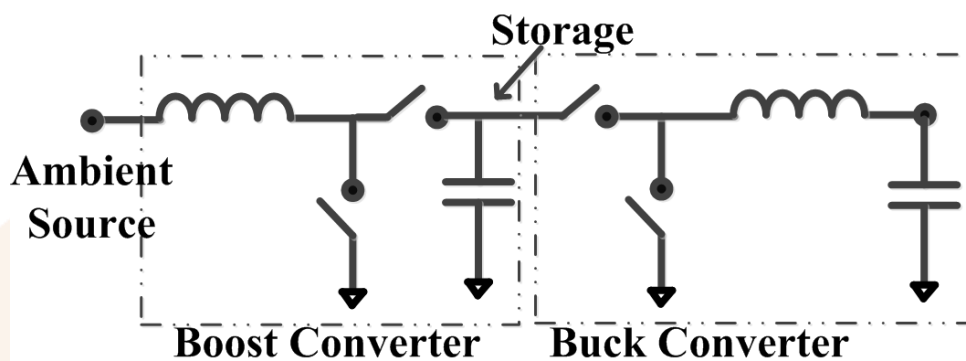


| Voltage Domain | Blocks Powered |
|---------------------|------------------|
| 1.2V | Pads, AFE |
| 1.0V | TX LO |
| 0.5V | TX PA |
| 0.5V | DPM, MEM, Accels |
| SC Reg. (0.25-1.0V) | Accels for DVS |

Y. Zhang, et al, "A Batteryless 19uW....", JSSC, Jan. 2013.

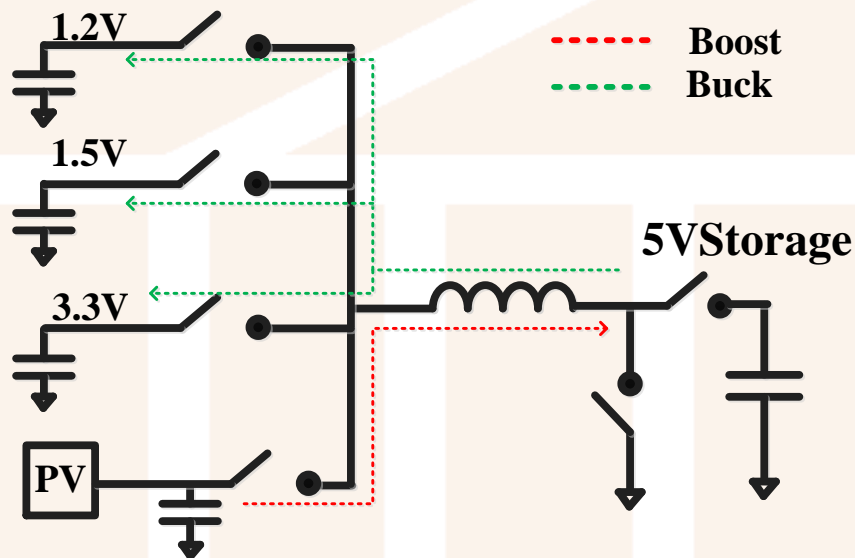
- Boost converter harvests the energy on to a capacitor at 1.35V
- Multiple rails are served by linear regulators
- **63% 23% and 12% energy is lost in voltage regulation.**

Recent solution for BSN



State of the art Energy Harvesting Solution

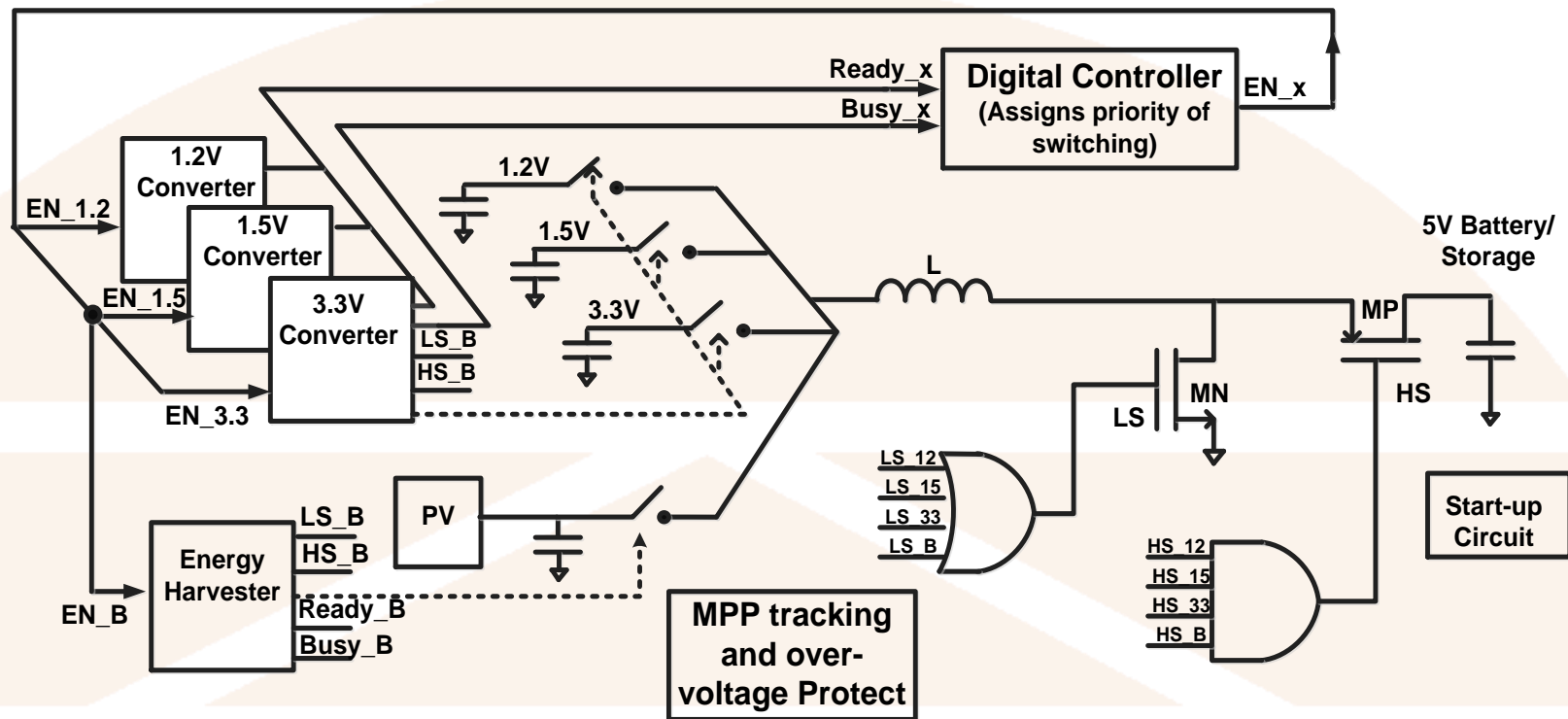
K. Kadrivel et al, "A 330nA Energy ..." ISSCC2012



Proposed Energy Harvesting Solution

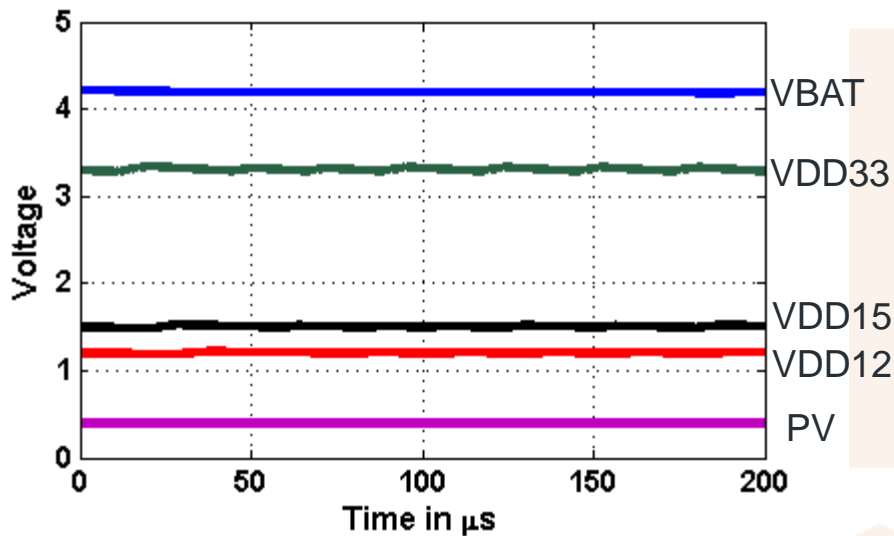
- DC DC converter can be used for higher efficiency
- BSN SoC needs multiple VDDs, which comes from LDOs (efficiency↓)
- Multiple DC-DC converter will increase cost.
- Single inductor energy harvesting and power management circuit.

Proposed Architecture

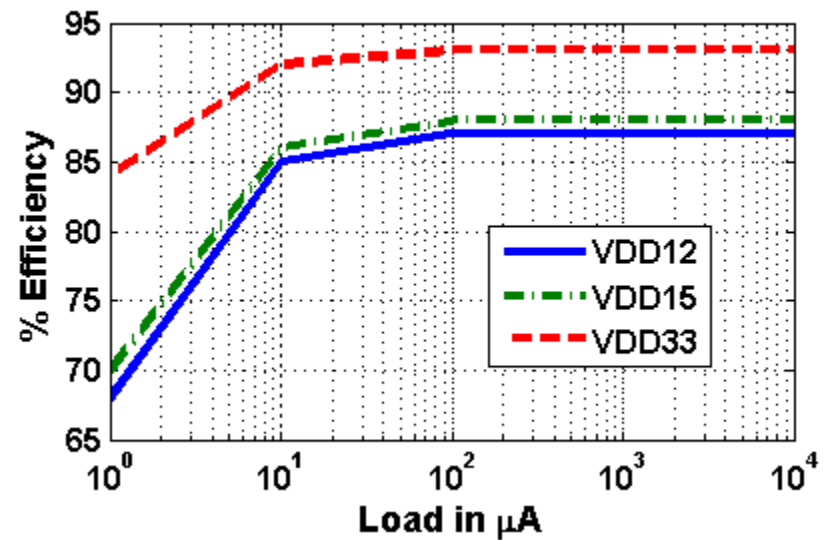


- Multiple DC-DC converter are implemented using a single inductor.
- Each converter is time division multiplexed.
- Digital controller controls a converter by using Busy and Ready signals and priority, based on the load profile.

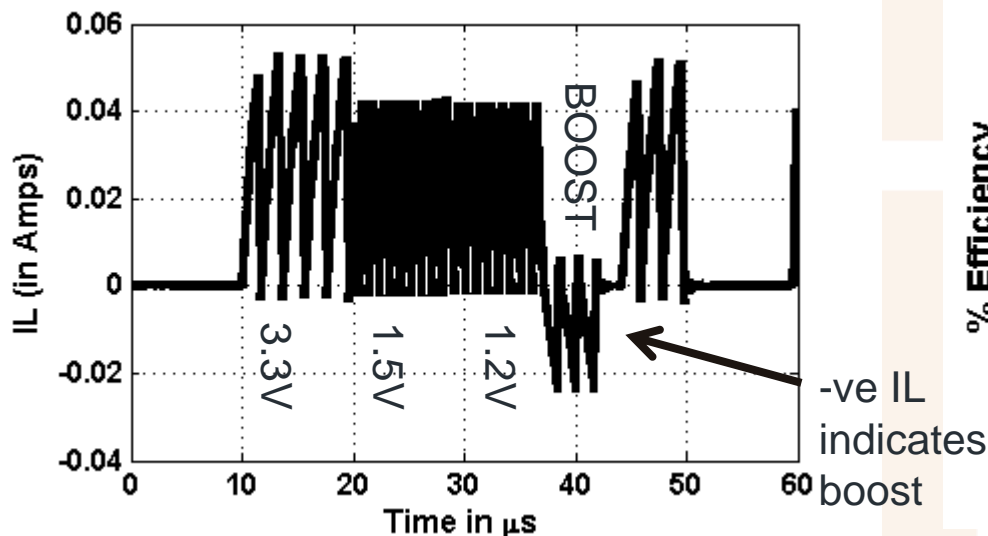
Simulation Results



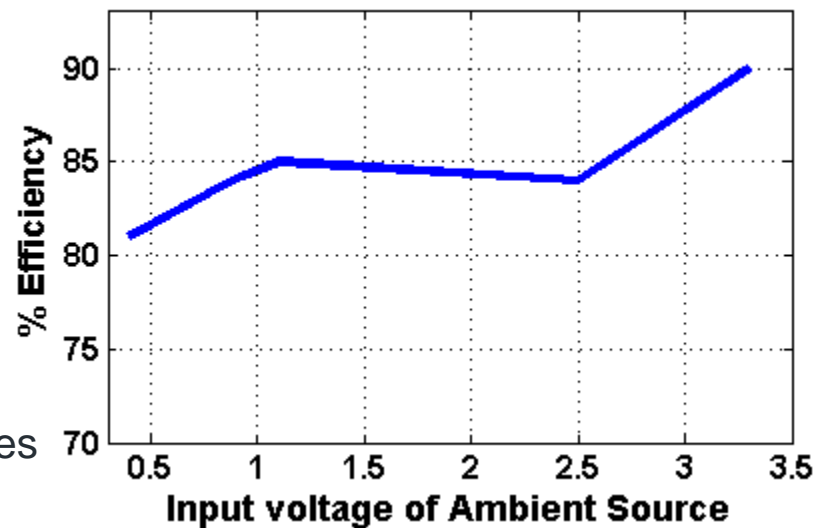
Rails at 5mA load with 0.4V 100 μA PV



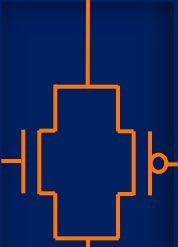
Efficiency of Buck Converters



Inductor current serving all the rails

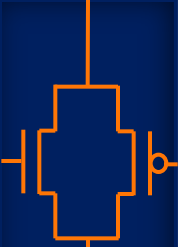


Efficiency of Boost Converter



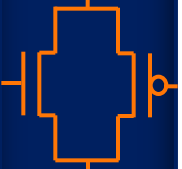
Proposed Contributions

- Single inductor energy harvesting and power management interface.
- A peak inductor current control scheme to increase the efficiency.
- A high voltage battery support for the energy harvester.
- A high efficiency energy harvester for TEG to utilize body heat.
- An offset compensating zero detection scheme.
- A SIMO with on-chip capacitors for PDVS.
- A hysteretic comparator control scheme for DC-DC converter with on-chip decoupling capacitor.

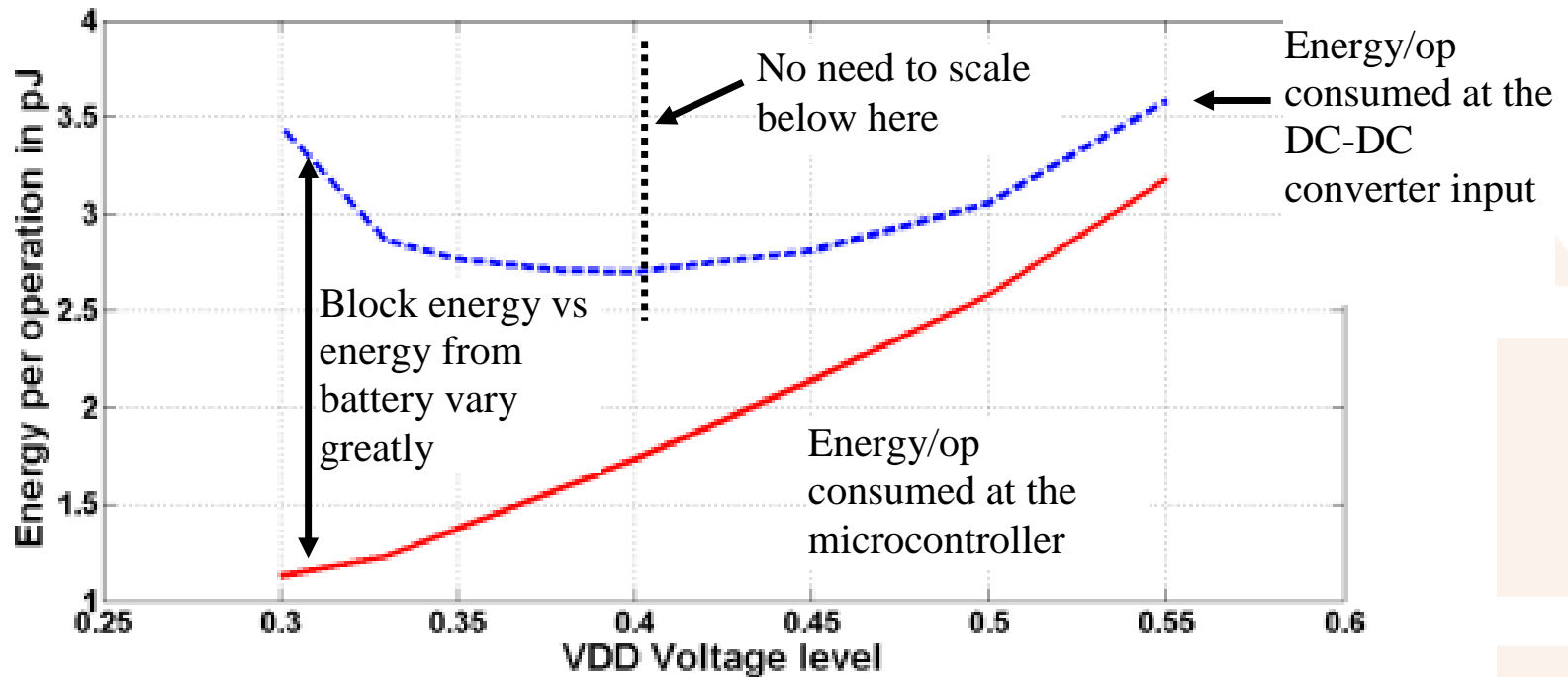


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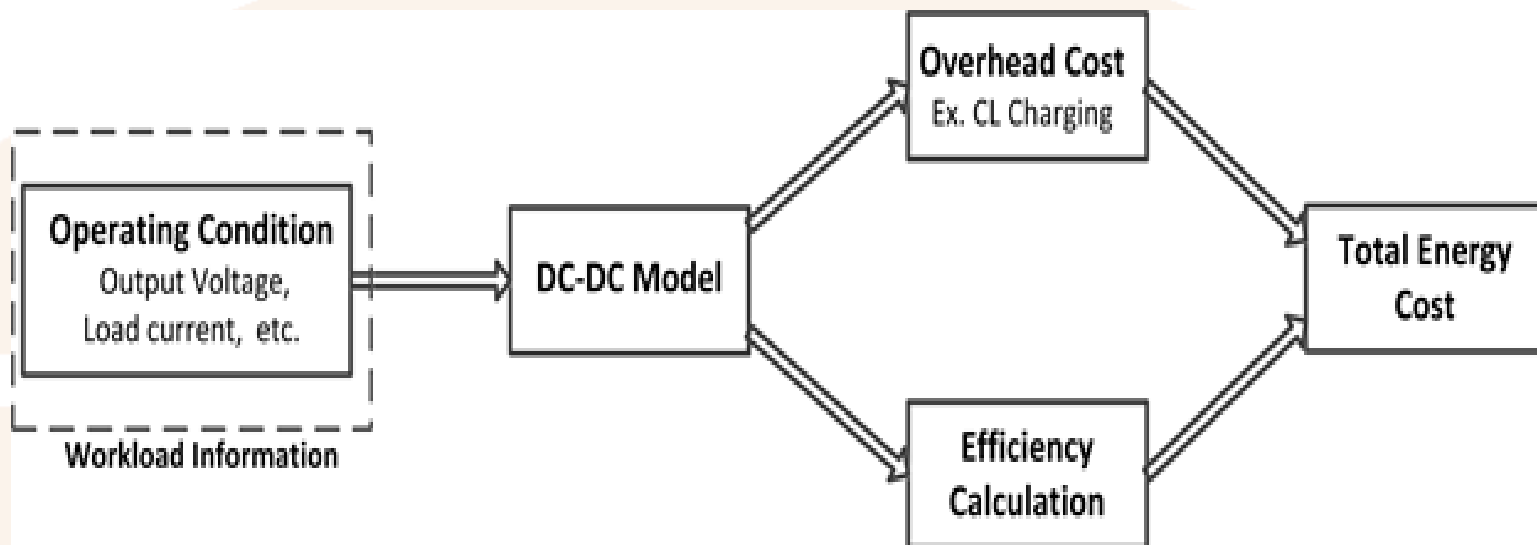
Need to study power management with DC-DC



- DC-DC impacts the savings reported from DVFS etc.
- Overheads such as change in eff. with changing loads etc can offset the benefits.
- Model provides the framework to calculate the benefits accurately

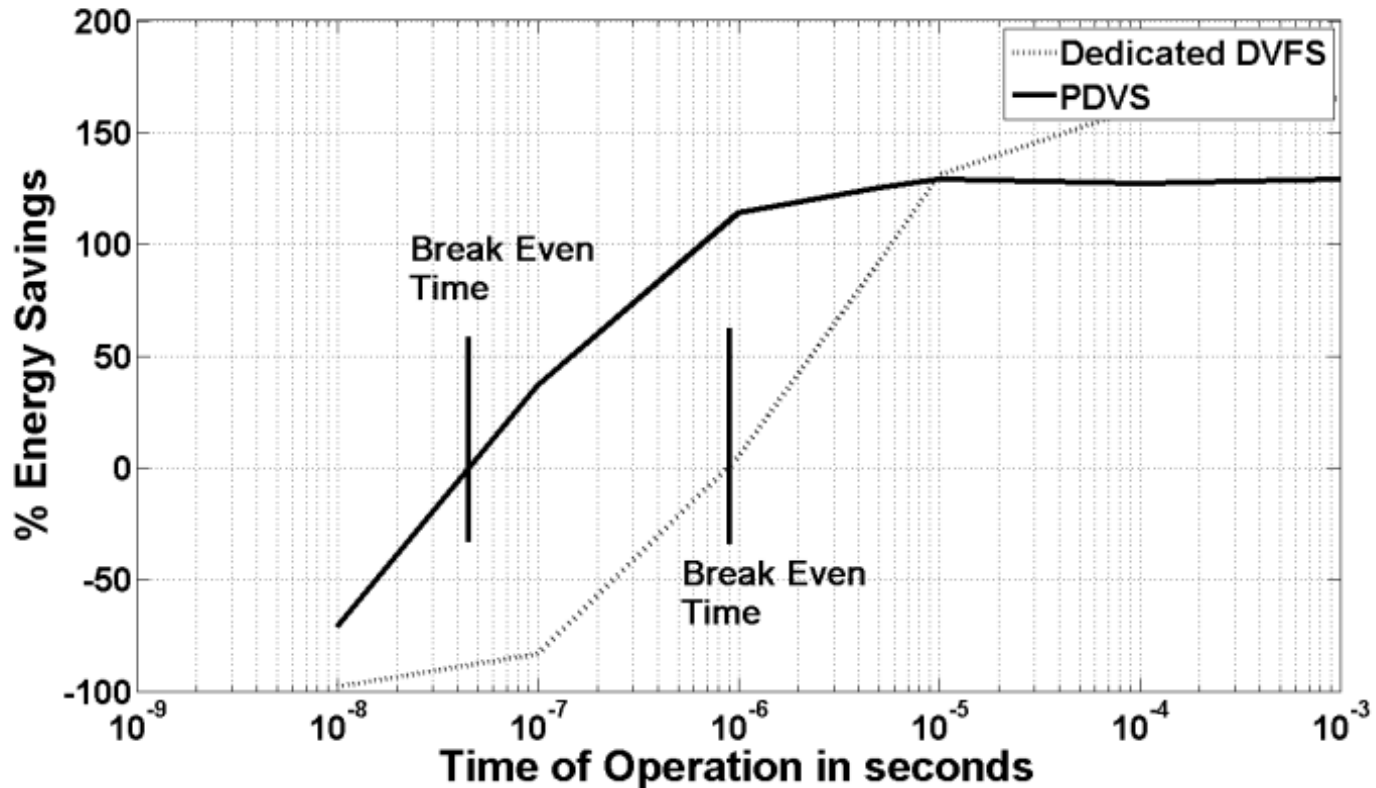


Proposed contributions



- Model of DC-DC converter across varying topology.
- Framework to obtain energy cost.
- Evaluation of various power management techniques in a dynamic work load environment.

Evaluation of Power Management techniques



- No benefits if Power management is done often
- PDVS better to implement higher rate of DVS

Schedule

| Subject | # | Task Description | Status/Target | Publications |
|--|---|-----------------------|---------------|---|
| ULP-On Chip Clock Source | 1 | Design Exploration | Done | |
| | 2 | Simulations | Done | |
| | 3 | Schematic/Layout | Done | |
| | 4 | Test Chip | Done | [AS _p 4] |
| | 5 | Silicon Validation | Done | [AS5] [AS2][AS7][AS16] |
| ULP 32.768 kHz Crystal | 1 | Design Exploration | Done | [AS _p 5] |
| | 2 | Simulations | Done | |
| | 3 | Schematic/Layout | Done | |
| | 4 | Test Chip | Done | |
| | 5 | Silicon Validation | June 2013 | [AS14][AS15][AS16] |
| CDR | 1 | Design Exploration | Done | |
| | 2 | Simulations | Done | |
| | 3 | Schematic/Layout | Done | [AS8] |
| | 4 | Test Chip | Done | |
| | 5 | Silicon Validation | Done | [AS1] [AS2][AS7] |
| DC- DC Model | 1 | Design Exploration | Done | |
| | 2 | Model generation | Done | |
| | 3 | Coding | Done | |
| | 4 | Model Validation | Done | [AS4][AS10] |
| Energy Harvesting and Power Management Interface | 1 | Design Exploration | Done | |
| | 2 | Simulations | Done | |
| | 3 | Schematic/Layout | Done | [AS3] [AS _p 1] [AS _p 2] |
| | 4 | Test Chip #1 | Done | [AS _p 3] |
| | 5 | Test Chip #2 | Done | |
| | 6 | Test Chip #3 | Done | |
| | 7 | Silicon Validation #1 | Done | [AS9] |
| | 8 | Silicon Validation #2 | June 2013 | [AS11][AS12] |
| | 9 | Silicon Validation #3 | August 2013 | [AS13] |
| Write up | 1 | Thesis Writing | Nov 2013 | |

Current Publications

- [AS1] **A. Shrivastava**, and B. H. Calhoun, "A 50nW, 100kbps Clock/Data Recovery Circuit in an FSK RF Receiver on a Body Sensor Node" VLSI Design Conference. Jan. 2013.
- [AS2] Y. Zhang, F. Zhang, Y. Shakhshier, J. Silver, M. Nagaraju, A. Klinefelter, J. Pandey, J. Boley, E. Carlson, **A. Shrivastava**, et al., "A Batteryless 19 uW MICS/ISM-Band Energy Harvesting Body Sensor Node SoC for ExG Applications ", Journal of Solid State Circuit, Jan. 2013.
- [AS3] **A. Shrivastava**, Y. Ramadass, S. Bartling and B. H. Calhoun, "Single Inductor Energy Harvesting and Power Management Circuit for Body Sensor Nodes", ISSCC SRP 2013.
- [AS4] **A. Shrivastava**, and B. H. Calhoun, "Modeling DC-DC Converter Efficiency and Power Management in Ultra Low Power Systems" Sub-threshold Conference Oct-2012.
- [AS5] **A. Shrivastava**, and B. H. Calhoun, "A 150nW, 5ppm/o C, 100kHz On-Chip Clock Source for Ultra Low Power SoCs" Custom Integrated Circuits Conference. Sept. 2012.
- [AS6] **A. Shrivastava**, J. Lach, and B. H. Calhoun, "A Charge Pump Based Receiver Circuit for a Voltage Scaled Interconnect" International Symposium on Low Power Electronics and Design, Jul. 2012
- [AS7] F. Zhang, Y. Zhang, J. Silver, Y. Shakhshier, M. Nagaraju, A. Klinefelter, J. Pandey, J. Boley, E. Carlson, **A. Shrivastava**, et al., "A Batteryless 19uW MICS/ISM-Band Energy Harvesting Body Area Sensor Node SoC", International Solid State Circuits Conference, Feb. 2012.
- [AS8] **A. Shrivastava**, and B. H. Calhoun, "A sub-threshold clock and data recovery circuit for a wireless sensor node", Sub-threshold Conference. Sept. 2011.



Anticipated Papers

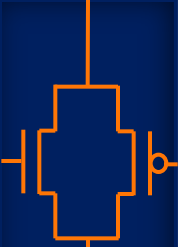
- [AS9] SIMO for PDVS paper submitted to VLSI
- [AS10] DC-DC Model, journal article submitted to JLPEA
- [AS11] Energy Management and Harvesting, [conference paper]
- [AS12] Energy Management and Harvesting, [Journal]
- [AS13] TEG based boost converter
- [AS14] ULP XTAL oscillator
- [AS15] BSN chip rev-2
- [AS16] Clock chip system

Patents

- [AS_p1] **A. Shrivastava**, and Y. Ramadass, “Apparatus and Method for Controlling Peak Inductor Current in a Switched Mode Power Supply” US Patent application 13768448
- [AS_p2] **A. Shrivastava**, Y. Ramadass, and S. Bartling, “Single Inductor Energy Harvesting and Management Interface System and Method” US Patent application
- [AS_p3] **A. Shrivastava**, and B. H Calhoun, “Single Inductor Multiple Output (SIMO) Step-down DC-DC Converter for Ultra Low Power SOCs” US Patent application 61/700979
- [AS_p4] **A. Shrivastava**, and B. H. Calhoun. US Patent Application 61/698,534. “On-Chip Clock Source for Ultra Low Power SoCs”
- [AS_p5] **A. Shrivastava**, et al, US Patent 8120439 “A Fast Start-up Crystal Oscillator”

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- [3] Y.-S. Lin, D. Sylvester, and D. Blaauw, "A Sub-pW Timer Using Gate Leakage for Ultra Low-Power Sub-Hz Monitoring Systems," IEEE Custom Integrated Circuits Conference, Sept. 2007
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- [8] D. Yoon, D. Sylvester and D. Blaauw, "A 5.58nW 32.768kHz DLL-Assisted XO for Real-Time Clocks in Wireless Sensing Applications", IEEE International Solid State Circuits Conference, Feb. 2012
- [9] J. Pandey, S. Jianlei and B. Otis, "A 120 μ W MICS/ISM-band FSK receiver with a 44 μ W low-power mode based on injection-locking and 9x frequency multiplication", IEEE International Solid State Circuits Conference, Feb. 2011
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- [11] S-J Song, N. Cho, and H-J Yoo, "A 0.2-mW 2-Mb/s Digital Transceiver Based on Wideband Signaling for Human Body Communications", IEEE Journal on Solid State Circuit, Sept. 2007
- [12] S. Kim, et. al, "A low-power referenceless clock and data recovery circuit with clock-edge modulation for biomedical sensor applications", IEEE International Symposium on Low Power Electronics and Design, Aug. 2007
- [13] S. M. Martin, K. Flautner, T. Mudge and D. Blaauw, "Combined dynamic voltage scaling and adaptive body biasing for lower power microprocessors under dynamic workloads," International Conference on Computer Aided Design 2002.
- [14] K. Kadrivel, et al, "A 330nA energy-harvesting charger with battery management for solar and thermoelectric energy harvesting" IEEE International Solid State Circuits Conference, Feb. 2012
- [15] L. C. Fai, and P. K. T. Mok, "A monolithic current-mode CMOS DC-DC converter with on-chip current-sensing technique" IEEE Journal on Solid State Circuits, Jan. 2004



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